

March Novena to **Our Lady of Sorrows** beginning March 22-30
Accompany Our Lady during Holy Week



Intentions:

Fr. Jeff Calia & the priests of the Oratory

Br Steven's ordination and approval for Latin mass

Personal Intentions (must pray for each others intentions)

Presented by the Shrine of the Blessed Sacrament, Raritan NJ

If you would like to receive and participate in our monthly novenas, call or email
908-722-1489 BlessedSacramentShrine@BlessedSacramentShrine.org for more information.

"For where there are two or three gathered together in My name, there am I in the midst of them." Matthew 18:20

THE EIGHT SECRETS OF HAVING PRAYERS HEARD

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|----------------------------|----------------|------------------|---------------------------------|
| 1 - Reparation | 2 - Confidence | 3 - Perseverance | 4 - Praise and Thanksgiving |
| 5 - Pray to the Poor Souls | 6 - Sacrifice | 7 - Repetition | 8 - Being in the State of Grace |

1 - Reparation **Prayer to the Eternal Father** Eternal Father, I offer to You all the wounds of Your dearly beloved Son, Jesus Christ; the pains and agony of His Sacred Heart and His Most Precious Blood, which gushed out from all His wounds, for the reparation of my sins and those of the whole world. Amen. **x3**

2 - Confidence **Verses and Quotes for Each of the Nine Novena Days to Encourage and Fortify Confidence**

Day 1 And to the centurion Jesus said, "Go; let it be done for you as you have believed." And the servant was healed at that very moment. **Matthew 8:13**

Prayer derives from charity its virtue to merit a reward, and from faith and confidence, its efficacy to obtain the objects of our petitions. **Saint Thomas Aquinas**

Day 2 Some rely on chariots, others on horses, but we on the name of the Lord our God. **Psalms 20:8**

The greater and more persistent your confidence in God, the more abundantly you will receive all that you ask. **Saint Albert the Great**

Day 3 But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind. **James 1:6**

Confidence in God's mercy is exceedingly pleasing to His divine Majesty, because it is a tribute of homage and praise to His infinite goodness, the attribute which He wished particularly to manifest to the world by the creation of man. **Saint Alphonsus Ligouri**

Day 4 Because he hoped in Me I will deliver him: I will protect him: I will deliver him, and I will glorify him. **Ps 90: 14**
God is full of compassion and never fails those who are afflicted and despised, if they trust in Him alone. **St Teresa of Avila**

Day 5 For God will hide me in His shelter in time of trouble, He will conceal me in the cover of His tent; and set me high upon a rock. **Psalms 27:5**

It is impossible that anyone should not receive all that he has believed and hoped to obtain. . . . when men hope great things from Me, I will always grant them more than they expect. - **Jesus to Saint Gertrude the Great**

Day 6 When I am afraid, I put my trust in you. - **Psalms 56:3**

The Queen is always vigilant to intercede with the King whom she bore. - **Pope Sixtus IV**

Day 7 May He grant what is in your heart and fulfill your every plan. **Psalms 20:5**

What does it cost us to say, 'My God help me! Have mercy on me!' Is there anything easier than this? And this little will suffice to save us if we be diligent in doing it.— **St. Alphonsus Ligouri**

Day 8 The Lord is my strength and my shield; in him my heart trusts, and I am helped **Psalms 28:7**

When I want something very much I thank God beforehand, for I feel God will certainly grant what He has been thanked for. **Saint Mary MacKillop**

Day 9 Then Jesus answered her, 'O woman, great is your faith! Be it done for you as you desire.' And her daughter was healed instantly. **Matthew 15:28**

My inability is great, but God is all-powerful; I put all my trust in Him. - **Saint Francis Xavier**

3 - Perseverance **Complete Novena and Sacrifices Offered**

4 - Praise and Thanksgiving We praise You, Father of all; We thank You for calling us to be your people, and for choosing us to give you glory. In a special way we thank you for...**state your intention**. Cleanse our hearts and our lives with your holy word, and make our prayer pleasing to you. Guide us by your Spirit as we follow in the paths of Jesus, our brother. All glory and praise are yours, Father, for ever and ever. Amen.

5 - Pray to the Poor Souls My Jesus, by the sorrows Thou didst suffer in Thine agony in the Garden, in Thy scourging and crowning with thorns, on the way to Calvary, in Thy crucifixion and death, have mercy on the souls in purgatory, and especially on those that are most forsaken; do Thou deliver them from the terrible torments they endure; call them and admit them to Thy most sweet embrace in paradise. Amen. Blessed Souls, I have prayed for thee. I entreat thee, who are so dear to God and who are secure of never losing Him, to pray for and intercede for me in my request, who am a miserable sinner, in danger of being damned and losing God forever.

6 - Sacrifice **Think about offering a sacrifice during the nine days of the novena**

7- Repetition **Repeat the prayers for the nine days of the novena**

8- Being in the State of Grace **Go to confession before or during the novena, esp if you are not in a state of grace**

As usual, remember to pray for the intentions of all those praying the novena with us.

Novena to Our Lady of Sorrows (from the Raccolta)

Opening Prayer: Hail Mary, full of grace, the Lord is with thee; blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen. (mention your request,) then:

V. O God, come to my assistance; **R.** O Lord, make haste to help me.

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

Prayer for the corresponding day (see below), then close each day with the following prayer:

Closing Prayer: Pray for us, O Virgin Most Sorrowful, that we may be made worthy of the promises of Christ. **Let us pray:** Let intercession be made for us, we beseech Thee, O Lord Jesus Christ, now and at the hour of our death, before the throne of Thy mercy, by the Blessed Virgin Mary, Thy Mother, whose most holy soul was pierced by a sword of sorrow in the hour of Thy bitter Passion. We ask this through Thee, Jesus Christ, Saviour of the world, who with the Father and the Holy Ghost livest and reignest world without end. Amen.

March 22 I grieve for thee, O Mary Most Sorrowful, in the affliction of thy tender heart at the prophecy of the holy and aged Simeon. Dear Mother, by thy heart so afflicted, obtain for me the virtue of Humility and the gift of the Holy Fear of God.

March 23 I grieve for thee, O Mary Most Sorrowful, in the anguish of thy most affectionate heart during the flight into Egypt and thy sojourn there. Dear Mother, by thy heart so troubled, obtain for me the virtue of Generosity, especially towards the poor, and the Gift of Piety.

March 24 I grieve for thee, O Mary Most Sorrowful, in those anxieties which tried thy troubled heart at the loss of thy dear Jesus. Dear Mother, by thy heart so full of anguish, obtain for me the virtue of Chastity and the Gift of Knowledge.

March 25 I grieve for thee, O Mary Most Sorrowful, in the consternation of thy heart at meeting Jesus as He carried His Cross. Dear Mother, by thy heart so troubled, obtain for me the virtue of Patience and the Gift of Fortitude.

March 26 I grieve for thee, O Mary Most Sorrowful, in the martyrdom which thy generous heart endured in standing near Jesus in His agony. Dear Mother, by thy heart afflicted in such wise, obtain for me the virtue of Temperance and the Gift of Counsel.

March 27 I grieve for thee, O Mary Most Sorrowful, in the wounding of thy compassionate heart, when the side of Jesus was struck by the lance and His Heart was pierced. Dear Mother, by thy heart thus transfixed, obtain for me the virtue of Fraternal Charity and the Gift of Understanding.

March 28 I grieve for thee, O Mary Most Sorrowful, for the pangs that wrenched thy most loving heart at the burial of Jesus. Dear Mother, by thy heart sunk in the bitterness of desolation, obtain for me the virtue of Diligence and the Gift of Wisdom.

Indulgence of 5 years, 7 years in September

March 29 Our Lord and Savior, Jesus Christ, we humbly beseech you, through your Holy Cross and Passion, through your Death and glorious Resurrection to be merciful to us and to all poor sinners.

March 30 O Jesus, have mercy on us. Most Sacred Heart of Jesus, strengthen our faith; increase our hope; make us perfect in the love of God and our neighbor, so that in this life we may serve you alone in true justice so as to praise you forever in Heaven.

LITANY OF OUR LADY OF SORROWS (optional)

Lord, have mercy on us. Christ, have mercy on us.

Lord, have mercy on us.

Christ, hear us. Christ, graciously hear us.

God, the Father of Heaven, have mercy on us.

God the Son, Redeemer of the World, have mercy on us.

God the Holy Spirit, have mercy on us.

Holy Trinity, One God, have mercy on us.

Holy Mary, Mother of God, pray for us.

Holy Virgin of Virgins,

Mother of the Crucified,

Mother Most Sorrowful,

Mother Most Tearful,

Mother Afflicted,

Mother Forsaken,

Mother Bereft of Thy Son,

Mother Pierced with the Sword,

Mother Consumed with Grief,

Mother Filled with Anguish,

Mirror of Patience,

Rock of Constancy,

Joy of the Afflicted,

Ark of the Desolate,

Refuge of the Abandoned,

Shield of the Oppressed,

Conqueror of the Incredulous,

Solace of the Wretched,

Medicine of the Sick,

Help of the Faint,

Strength of the Weak,

Haven of the Shipwrecked,

Calmer of Tempests,

Companion of the Sorrowful,

Treasure of the Faithful,

Theme of Prophets,

Staff of the Apostles,

Queen of Martyrs,

Light of Confessors,

Pearl of Virgins,

Comfort of Widows,

Joy of all Saints,

V. Pray for us, most Sorrowful Virgin,

R. That we may be made worthy of the promises of Christ.

Lamb of God, that takest away the sins of the world, spare us, O Lord.

Lamb of God, that takest away the sins of the world, hear us, O Lord.

Lamb of God, that takest away the sins of the world, have mercy upon us.

Let us pray Imprint, O Lord, Thy wounds upon our hearts, that we may read therein sorrow and love; sorrow to endure all suffering for Thee; love to despise all love but Thine; who lives and reigns, world without end. Amen.

